LEATHERHEAD
COMMUNITY HUB

ADVICE CAFÉ

WELCOME PACK

Free drop-in hub providing a welcoming space to connect, access information, and find support when you need it.

Kingston Rd, KT22 7PX | 07549 985123

THURSDAYS 09:30-11:30AM

LEATHERHEAD
COMMUNITY HUB



Rachel Hopper
Café & Operations Manager
rachel@lch.community

Welcome to Leatherhead Community Hub Advice Café

Looking for a friendly place to get advice or connect with local support services? Leatherhead Community Hub hosts the weekly Advice Café, providing a welcoming space where you can meet local organisations and get help with benefits, debt, and other issues. Beyond the Advice Café, LCH runs a café and community events, and hosts other local groups, offering a wide range of activities and services for the community, including the Community Fridge every Wednesday and Thursday from 1-2pm. Our mission is to bring people together, strengthen the local community, and make it easier for everyone to access support, if they need it.

In this booklet you'll find out about the organisations who attend our Advice Café. Each of them offers different types of support. Come along, have a cup of tea and a slice of cake and feel free to talk to any of the advisors here.

Key to when organisations are at the Advice Café

- Every week
- Every two weeks
- Every four weeks

See the timetable at the Hub



Good Company

We're here to help you if you're facing financial difficulties. At Good Company, we provide practical support and guidance to help you manage debt, access benefits, find housing advice, and connect with other services that can make life easier. We also offer emotional support and work with the community to make sure you don't have to face challenges alone. Come and speak to us at the Advice Café – we're here to listen, guide, and help you take the next steps.



Alison Mitchelmore, Support Worker
Email: support@goodcompany.org.uk

CAP

At CAP we support people with debt advice and a route out of debt. We also offer budgeting courses and support. Alongside this, we walk with you step by step, offering practical help and encouragement so that money worries don't have to control your life. Our friendly team can guide you through managing bills, dealing with creditors, and finding a long-term solution that works for you. Whether you need urgent debt support or just want to build stronger money skills for the future, we're here to help you find hope and freedom. We're here to help you if you 're facing financial difficulties. Come and speak to us at the Advice Café – we're here to listen, guide, and help you take the next steps.



Simon Easley, Debt Centre Manager
Email: simoneasley@capuk.org

Citizens Advice

Free confidential advice. Whoever you are, whatever your problem, we're here to help. We can help with Universal Credit, benefits, debt and money, employment, housing, family and relationships, and much more.



Visit us online at: www.citizensadvicemolevalley.org.uk
Or call us for advice on: 0808 278 7930

Lucy Greenbury, Outreach Project Worker
Email: leatherhead@camv.org.uk

Mary Frances Trust



The Mary Frances Trust (MFT) is a local charity supporting people with their mental health and wellbeing. We offer free and confidential services including wellbeing courses, peer support groups, activities, and workshops to help people improve their confidence, connect with others, and manage their mental health. Whether you need someone to talk to or want to learn new ways to look after yourself, the Mary Frances Trust is here to help you on your wellbeing journey.
Visit: www.maryfrancestrust.org.uk



Nana Ama Donkor, Community Connections Area Coordinator - Mole Valley
Email: nanaama@maryfrancestrust.org.uk

Surrey Family & Mediation Services



Surrey Family & Mediation Services provide family mediation to separating couples to help them reach agreement on children and finance matters. Mediators help you to explore options together, in a safe and neutral environment. SF&MS have a legal aid contract, which provides full financial support to those on low incomes.



Tamsin Remnant, Service Manager | Mediator
Email: tr@sfms.org.uk

Surrey Community Action



Warmth Matters helps people across Surrey stay warm, well, and in control of their energy use.

We provide free, impartial advice to reduce energy bills and make homes more efficient and comfortable.

We also support people with energy debt, tackling damp and mould, understanding smart meters, and accessing energy vouchers and household grants.



Jo Williams, Warmth Matters Project Officer
Email: jow@surreyca.org.uk

Mole Valley Employment and Skills Hub

The Mole Valley Employment and Skills Hub is your gateway to new opportunities, whether you're seeking your first job, a career change, or upskilling to move forward. Offering tailored one-to-one support, expert advice, and direct links to local employers and training providers, the MV Hub empowers you to take confident steps toward your future. Free, friendly, and accessible to all, it's where ambition meets guidance.



We provide:

- Learning programmes (including Digital Skills, Wellbeing, improving confidence, ESOL courses (Tuesdays), online courses, Energy Savings
- Creation and amendment to improve CVs
- Job search services – Tuesdays and Fridays
- Interview skills training – prepare for that important interview
- Work Well – programme to get people back on track

John Bill, Mole Valley Employment and Skills Hub Coordinator
Email: john.bill@surreyllp.org.uk / Mobile: 07572 975610

Clarion Futures

At Clarion Futures we offer free advice and guidance for anyone aged 16+. We can support with CVs, Cover Letters, Effective Job searching, Accessing the Hidden Job Market, Interview Skills and much more. We also offer a range of over 50 free online certifications that clients can complete and add to their CVs. Support can be provided 1-2-1 via Teams/Face to Face, we welcome attendees to our monthly CV and Interview Workshops held on the last Tuesday of each month at the Mole Valley Employment Hub and we run funded training courses throughout the year such as Business Administration and Customer Service.



- Mole Valley Hub and Clarion Futures take it in turns to attend for Employment Support, so there will always be a representative.

Hannah Bowen, Employment Support Officer (South Region - Surrey)
Email: hannah.bowen@clarionhg.com

Leatherhead Primary Care Network



At PCN we support patients registered with our 4 medical practices Molebridge (Leatherhead and Fetcham), Ashlea (Leatherhead and Ashtead), Eastwick and Fairfield.



By taking a holistic approach to health and wellbeing, Social Prescribers help connect people to suitable activities, community groups, and services in their community to meet the practical, social and emotional needs that affect their health and wellbeing.

Our key role is to provide individuals with the time and attention they need, focusing on the question, "What matters to me?" We collaborate with individuals to create a simple, personalised care and support plan that empowers them to take control of their health and wellbeing. Social Prescribers work to ensure existing community groups are accessible and sustainable and also assist in the formation of new groups, fostering collaboration with all local partners to strengthen community networks.

Beata Niedzwiecka, Social Prescriber
Email: beata.niedzwiecka1@nhs.net

Mole Valley District Council





We're Mole Valley District Council, and we're here to help. As your local council, we offer a wide range of services to support residents and communities. Whether you need assistance with housing, support with a housing association, information on council tax, or you're looking for information on local events, volunteering opportunities, or community projects, we've got you covered. Our aim is to ensure that everyone in Mole Valley has access to the services and support they need to live well and thrive in our community.

Keira Vyvyan-Robinson, Local Councillor
Email: councillor.vyvyan-robinson@molevalley.gov.uk

Free and low-cost community activities at LCH

- Family Feast – Enjoy a free community meal at 5pm on the 4th Thursday of each month. Open to everyone. Please sign up in advance via the LCH website.
- Family Film – A free community movie night with food on the 2nd Friday of each month, for primary school-aged children and their parents. Sign up in advance on the LCH website.
- Gardening for Wellbeing – Join us to care for the wellbeing garden and meet new people from 10am–12pm on the 2nd Friday of each month.
- Bereavement Café – An informal self-help group for anyone experiencing bereavement, meeting on the 1st Wednesday of each month, 10–11:30am.
- Home-Start Perinatal Support – Free drop-in sessions offering support during pregnancy and your baby's first year, every Wednesday from 10:30am–12:30pm.
- Men's Pitstop – A peer support group focused on men's mental health, meeting every Thursday, 7:30–8:30pm.
- Men's Curry Club – Enjoy a free curry and social time on the 1st Friday of each month, 7–9pm.
- Action for Carers – Drop-in sessions for unpaid carers on the 2nd and 4th Friday of the month from 10:30–2:30pm.
- My Time for Young Carers – A youth club with activities for young carers aged 7–12, meeting 4:30–6pm on the 2nd and 4th Thursday of each month.
- The Pigeon Shed – A quiet, reflective space open during café hours (Tuesday–Saturday, 9am–2pm).
- Non-Contact Boxing – Weekly coaching for children in years 3 – 8, led by local residents (£2 per session for first child, £1 for each additional child).
- Community Fridge – Good-quality surplus food available to anyone for a voluntary £2.50 donation per visit, every Wednesday and Thursday from 1–2pm.

For more community activities,
visit: https://www.lch.community/whats-on/what-you-can-do

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Surrey Family & Mediation Services

Mole Valley District Council

CLARION FUTURES

good company

christians against poverty CAP

Surrey Community Action
Communities Working Together

citizens advice Mole Valley

L·PCN

MV HUB
Mole Valley Employment & Skills Hub

MFT MARY FRANCES TRUST
Inspiring Mental Wellbeing

Our regular advisors can help with a variety of areas of support.